

NOVEMBER

PSN BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <ul style="list-style-type: none"> Blueberry Burst Whole Grain Bagel/Cream Cheese Yogurt/Educational Snacks
4 <ul style="list-style-type: none"> Cheerios (DF) Yogurt/Granola 	5 <ul style="list-style-type: none"> HOT Cornbread & Egg Omelet (VG) Blueberry Muffin Plain Whole Wheat Bagel/Cream Cheese 	6 <ul style="list-style-type: none"> HOT Pancakes w/ Syrup (VG) Corn Chex (DF) Breakfast Cinnamon Crumble 	7 <ul style="list-style-type: none"> HOT Southwest Chicken Chorizo and Cheese Bagel Sandwich Yogurt/Granola String Cheese/Cinnamon Grahams 	8 <ul style="list-style-type: none"> Blueberry Burst Whole Grain Bagel/Cream Cheese Apple Muffin
11 <ul style="list-style-type: none"> Yogurt/Granola Corn Chex (DF) 	12 <ul style="list-style-type: none"> Granola Bowl (DF) Cheerios (DF) 	13 <ul style="list-style-type: none"> Mini French Toast Muffin & String Cheese Yogurt/HONEY Grahams 	14 <ul style="list-style-type: none"> Blueberry Burst Whole Grain Bagel/Cream Cheese Mini Lemon Muffin & String Cheese (VG) 	15 <ul style="list-style-type: none"> Blueberry Muffin Multigrain Cheerios (DF)
18 <ul style="list-style-type: none"> Yogurt/HONEY Grahams Multigrain Cheerios (DF) 	19 <ul style="list-style-type: none"> HOT Pancakes (VG) Blueberry Muffin String Cheese/Cinnamon Grahams 	20 <ul style="list-style-type: none"> HOT Turkey, Cheddar Cheese, and Omelet Gordita Plain Whole Wheat Bagel/Cream Cheese Yogurt/CINN Grahams 	21 <ul style="list-style-type: none"> HOT Sausage & Cheddar Biscuit Breakfast Cinnamon Crumble Corn Chex (DF) 	22 <ul style="list-style-type: none"> Blueberry Burst Whole Grain Bagel/Cream Cheese Cheerios (DF)
25 <ul style="list-style-type: none"> Corn Chex (DF) String Cheese/Cinnamon Grahams 	26 <ul style="list-style-type: none"> HOT Mini Cheese Omelet with French Toast Stick (VG) Blueberry Burst Whole Grain Bagel/Cream Cheese Lemon Muffin 	27 <ul style="list-style-type: none"> HOT Cornbread & Egg Omelet (VG) Yogurt/HONEY Grahams Breakfast Cinnamon Crumble 	28 <ul style="list-style-type: none"> Cheerios (DF) COLD Pancake Bowl Strawberry (VG) 	29 <ul style="list-style-type: none"> Plain Whole Wheat Bagel/Cream Cheese Yogurt/CINN Grahams

Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!