

NOVEMBER

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <ul style="list-style-type: none"> Blueberry Burst Whole Grain Bagel/Cream Cheese Yogurt/Educational Snacks
4 <ul style="list-style-type: none"> Cinnamon Chex/Educational Snacks (VG) Dipper Doodle Bar (DF) 	5 <ul style="list-style-type: none"> HOT Turkey and Cheddar Brekwich Blueberry Muffin Plain Whole Wheat Bagel/Cream Cheese 	6 <ul style="list-style-type: none"> HOT Pancakes w/ Syrup (VG) Corn Chex/Giant Cinnamon Goldfish Grahams (DF) (VG) Zee Zees Berry Apple Crisp Bar (DF) 	7 <ul style="list-style-type: none"> HOT Southwest Chicken Chorizo and Cheese Bagel Sandwich Yogurt/Educational Snacks String Cheese/Cinnamon Grahams 	8 <ul style="list-style-type: none"> Blueberry Burst Whole Grain Bagel/Cream Cheese Apple Muffin
11 <ul style="list-style-type: none"> Yogurt/Granola Zac Omega Bar Strawberry (DF) 	12 <ul style="list-style-type: none"> Zee Zees Cinnamon Crisp Bar (VG) (DF) Cheerios/Mini Dipperdoodle Bar (DF) 	13 <ul style="list-style-type: none"> Mini French Toast Muffin & String Cheese Yogurt/HONEY Grahams 	14 <ul style="list-style-type: none"> Blueberry Burst Whole Grain Bagel/Cream Cheese Mini Lemon Muffin & String Cheese (VG) 	15 <ul style="list-style-type: none"> Blueberry Muffin Cinnamon Chex/Zac Attack Strawberry (DF)
18 <ul style="list-style-type: none"> Yogurt/HONEY Grahams Multigrain Cheerios/Educational Snacks (VG) 	19 <ul style="list-style-type: none"> HOT Pancakes w/ Syrup (VG) Blueberry Muffin Zee Zees Berry Apple Crisp Bar (DF) 	20 <ul style="list-style-type: none"> HOT Turkey, Cheddar Cheese, and Omelet Gordita Plain Whole Wheat Bagel/Cream Cheese Yogurt/CINN Grahams 	21 <ul style="list-style-type: none"> HOT Sausage & Cheddar Biscuit FW Zee Zees Cinnamon Crisp Bar (VG) (DF) Corn Chex/Educational Snacks (VG) 	22 <ul style="list-style-type: none"> Blueberry Burst Whole Grain Bagel/Cream Cheese String Cheese/Cinnamon Grahams
25 <ul style="list-style-type: none"> Cinnamon Chex/Zac Attack Apple (DF) Zee Zees Berry Apple Crisp Bar (DF) 	26 <ul style="list-style-type: none"> HOT Mini Cheese Omelet with French Toast Stick (VG) Blueberry Burst Whole Grain Bagel/Cream Cheese Lemon Muffin 	27 <ul style="list-style-type: none"> HOT Cornbread & Egg Omelet (VG) Yogurt/HONEY Grahams Breakfast Cinnamon Crumble 	28 <ul style="list-style-type: none"> Jumpstart Breakfast: Mini Dipperdoodle /String Cheese Corn Chex/Educational Snacks (VG) 	29 <ul style="list-style-type: none"> Plain Whole Wheat Bagel/Cream Cheese Zac Omega Bar Strawberry (DF)

Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

revolution foods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

BREAKFAST: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

STUDENT FAVORITE ★