

# January

# BREAKFAST

Unitized

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2 SHELF STABLE Cinnamon Chex with Honey Grahams	3 SHELF STABLE Cinnamon Chex with Honey Grahams Yogurt with Educational Snacks
6 SHELF STABLE Cinnamon Chex with Honey Grahams	7 Blueberry Muffin Plain Whole Wheat Bagel with Cream Cheese	8 Corn Chex with Giant Cinnamon Goldfish Grahams (DF) (V) Yogurt with Granola	9 Cheerios with Zac Attack Apple (DF) COLD Pancake Bowl Apple (V)	10 Blueberry Burst Whole Grain Bagel Cream Cheese Banana Muffin
13 Yogurt with Educational Snacks Multigrain Cheerios with Giant Cinnamon Goldfish Grahams (DF) (V)	14 Plain Whole Wheat Bagel with Cream Cheese Corn Chex with Educational Snacks (V)	15 Banana Muffin Zee Zees Cinnamon Crisp Bar (V) (DF)	16 French Toast Muffin Pancake Bowl Strawberry (V)	17 Cornbread and String Cheese (V) Yogurt with Educational Snacks
20 Corn Chex Giant Cinnamon Goldfish Grahams (DF) (V)	21 Cinnamon Chex with Educational Snacks (V) Granola Bowl (DF)	22 Blueberry Muffin Multi Grain Cheerios with Zac Attack Strawberry (DF)	23 Pancake Bowl Apple (V) Banana Muffin	24 Plain Whole Wheat Bagel Cream Cheese Yogurt with Cinnamon Grahams
27 Yogurt Educational Snacks Multigrain Cheerios with Giant Cinnamon Goldfish Grahams (DF) (V)	28 Pancake Bowl Peach (V) Cornbread and String Cheese (V)	29 Banana Muffin Corn Chex Educational Snacks (V)	30 Blueberry Burst Whole Grain Bagel Cream Cheese Breakfast Cinnamon Crumble	31 Zee Zees Berry Apple Crisp Bar (DF) French Toast Muffin

## Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

revolution foods.

This institution is an equal opportunity provider.  
All grains offered are whole-grain rich.

Choice of 1% or fat-free  
milk; fresh fruit available  
daily except when fruit  
juice is offered.

Dairy-Free (DF)

Vegetarian (V)

Student Favorite ★