

# JANUARY BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>NEW YEAR'S DAY!</p> <p>1</p> <p>No School</p>	<p>2</p> <ul style="list-style-type: none"> <li>• corn chex (shelf stable)</li> </ul>	<p>3</p> <ul style="list-style-type: none"> <li>• plain bagel &amp; cream cheese</li> <li>• cinnamon crumble</li> <li>• corn chex (shelf stable)</li> </ul>	<p>4</p> <ul style="list-style-type: none"> <li>• cheerios &amp; fruit</li> <li>• lemon muffin</li> <li>• corn chex (shelf stable)</li> </ul>
<p>7</p> <ul style="list-style-type: none"> <li>• yogurt &amp; educational snacks</li> <li>• corn chex &amp; fruit</li> <li>• corn chex (shelf stable)</li> </ul>	<p>8</p> <ul style="list-style-type: none"> <li>• multigrain cheerios &amp; fruit</li> <li>• cinnamon crumble</li> </ul>	<p>9</p> <ul style="list-style-type: none"> <li>• blueberry bagel &amp; cream cheese</li> <li>• string cheese &amp; cinnamon grahams</li> </ul>	<p>10</p> <ul style="list-style-type: none"> <li>• mini french toast muffin &amp; string cheese</li> <li>• corn chex &amp; fruit</li> </ul>	<p>11</p> <ul style="list-style-type: none"> <li>• plain bagel &amp; string cheese</li> <li>• lemon muffin</li> </ul>
<p>14</p> <ul style="list-style-type: none"> <li>• multigrain cheerios &amp; fruit (df)</li> <li>• yogurt &amp; cinnamon grahams</li> </ul>	<p>15</p> <ul style="list-style-type: none"> <li>• corn chex &amp; fruit (df)</li> <li>• blueberry muffin</li> </ul>	<p>16</p> <ul style="list-style-type: none"> <li>• blueberry bagel &amp; cream cheese</li> <li>• string cheese &amp; cinnamon grahams</li> </ul>	<p>17</p> <ul style="list-style-type: none"> <li>• cheerios &amp; fruit(df)</li> <li>• plain bagel &amp; cream cheese</li> <li>• orange juice available</li> </ul>	<p>18</p> <ul style="list-style-type: none"> <li>• cheesy bagel</li> <li>• banana muffin</li> </ul>
<p>21</p> <p>No School</p>	<p>22</p> <ul style="list-style-type: none"> <li>• yogurt &amp; educational snacks</li> <li>• multigrain cheerios</li> </ul>	<p>23</p> <ul style="list-style-type: none"> <li>• blueberry bagel &amp; cream cheese</li> <li>• string cheese &amp; cinnamon grahams</li> </ul>	<p>24</p> <ul style="list-style-type: none"> <li>• mini french toast muffin &amp; string cheese</li> <li>• corn chex &amp; fruit (df)</li> <li>• pineapple juice available</li> </ul>	<p>25</p> <ul style="list-style-type: none"> <li>• plain bagel &amp; cream cheese</li> <li>• cinnamon crumble</li> </ul>
<p>28</p> <ul style="list-style-type: none"> <li>• cheerios &amp; fruit</li> <li>• string cheese &amp; cinnamon grahams</li> </ul>	<p>29</p> <ul style="list-style-type: none"> <li>• yogurt &amp; cinnamon grahams</li> <li>• lemon muffin</li> </ul>	<p>30</p> <ul style="list-style-type: none"> <li>• plain bagel &amp; cream cheese</li> <li>• corn chex &amp; fruit (df)</li> </ul>	<p>31</p> <ul style="list-style-type: none"> <li>• blueberry muffin</li> <li>• mini French toast muffin &amp; string cheese</li> <li>• orange juice available</li> </ul>	

## DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



*Don't forget to grab a carton of low-fat or non-fat milk with breakfast!*

**Breakfast:** choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.