

FEBRUARY LUNCH

K-12

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|--|---|---|--|
|   |  |   |   | 1  |
| 4   | 5  | 6   | 7   | 8  |
| <ul style="list-style-type: none"> <li>chicken sausage &amp; cheddar eggwich</li> <li>chicken bites</li> <li>egg salad sandwich (vg)(df)</li> <li>honey mustard chicken wrap</li> <li>steamed corn</li> </ul>                               | <ul style="list-style-type: none"> <li>beef burger (df)</li> <li>bean &amp; cheese quesadilla (vg)</li> <li>sesame chicken wrap (df)</li> <li>sunny sandwich kit (sunbutter &amp; jelly) (vg)</li> <li>seasoned green beans</li> </ul> | <ul style="list-style-type: none"> <li>mongolian beef</li> <li>scoops with black bean &amp; green chile cheese dip (vg)</li> <li>bbq chicken wrap</li> <li>chicken salad sandwich (df)</li> <li>edamame beans (chilled)</li> <li>steamed corn</li> </ul>            | <ul style="list-style-type: none"> <li>chicken pot stickers with not so fried rice</li> <li>the revolution dog (df)</li> <li>garden ranch salad with chicken breast</li> <li>southwest veggie wrap (vg)</li> <li>lettuce &amp; tomatoes with ranch</li> </ul> | <ul style="list-style-type: none"> <li>oven roasted chicken sandwich (df)</li> <li>the revolution dog (df)</li> <li>chicken caesar wrap</li> <li>taco dipper kit (vg)</li> <li>green peas</li> </ul>   |
| 11  | 12   | 13  | 14  | 15   |
| <ul style="list-style-type: none"> <li>the revolution dog (df)</li> <li>chicken quesadilla</li> <li>cheddar cheese sandwich (vg)</li> <li>chicken caesar wrap</li> <li>seasoned green beans</li> </ul>                                      | <ul style="list-style-type: none"> <li><b>*NEW*</b> pepperoni pizza</li> <li>oven roasted chicken sandwich (df)</li> <li>chicken salad sandwich (df)</li> <li>taco dippers kit (vg)</li> <li>glazed carrots</li> </ul>                 | <ul style="list-style-type: none"> <li>pasta with zesty beef</li> <li>cheese enchiladas (vg)</li> <li>southwest veggie wrap (df)</li> <li>mighty meaty deli combo sandwich</li> <li>df option by request</li> <li>warm pinto beans</li> <li>steamed corn</li> </ul> | <ul style="list-style-type: none"> <li>bbq chicken with cheesy rice</li> <li>pepperjack cheeseburger</li> <li>honey mustard salad with chicken</li> <li>egg salad sandwich (vg)(df)</li> <li>lettuce &amp; tomatoes with ranch</li> </ul>                     | <ul style="list-style-type: none"> <li>cheesy beef &amp; salsa nacho dip with scoops</li> <li>crispy chicken sandwich (df)</li> <li>bbq chicken wrap</li> <li>sunny sandwich kit (sunbutter &amp; jelly) (vg)</li> <li>seasoned carrot, corn and peas</li> </ul> |
| 18  | 19   | 20  | 21  | 22   |
| No School   | <ul style="list-style-type: none"> <li>cheese pizza (vg)</li> <li>beef cheeseburger</li> <li>taco dippers kit (vg)</li> <li>sesame chicken wrap (df)</li> <li>seasoned green beans</li> </ul>  | <ul style="list-style-type: none"> <li>jerk drumstick &amp; pineapple carrot rice</li> <li>hearty veggie chili (vg)</li> <li>chillin chinese chicken noodles</li> <li>sunny sandwich kit (sunbutter &amp; jelly)</li> <li>steamed corn</li> </ul>                   | <ul style="list-style-type: none"> <li>chicken chorizo &amp; cheese eggwich</li> <li>mac &amp; cheese and chicken bites</li> <li>chicken Caesar salad</li> <li>egg salad sandwich (vg)(df)</li> <li>lettuce &amp; tomatoes with ranch</li> </ul>              | <ul style="list-style-type: none"> <li>spaghetti and meatballs (df)</li> <li>chicken taco trio</li> <li>honey mustard chicken wrap</li> <li>cheddar cheese sandwich (vg)</li> <li>sweet potatoes</li> </ul>  |
| 25  | 26   | 27  | 28  |  |
| <ul style="list-style-type: none"> <li>bean and cheese quesadilla (vg)</li> <li>the revolution dog (df)</li> <li>sesame chicken wrap (df)</li> <li>sunny sandwich kit (sunbutter &amp; jelly) (vg)</li> <li>seasoned green beans</li> </ul> | <ul style="list-style-type: none"> <li>chicken bites</li> <li>kickin chicken alfredo</li> <li>cheddar cheese sandwich (vg)</li> <li>chicken salad sandwich (df)</li> <li>island glazed carrots</li> </ul>                              | <ul style="list-style-type: none"> <li>rainbow veggie pizza (vg)</li> <li>orange grilled chicken bites (df)</li> <li>honey mustard chicken wrap</li> <li>chillin Chinese noodles</li> <li>edamame beans (chilled)</li> <li>grape tomatoes</li> </ul>                | <ul style="list-style-type: none"> <li><b>*NEW*</b> smothered beef burrito</li> <li>crispy chicken sandwich (df)</li> <li>southwest veggie wrap (vg)</li> <li>garden ranch salad with chicken breast</li> <li>lettuce &amp; tomatoes with ranch</li> </ul>    |  |

WHAT'S NEW?

Our pizza has gotten a makeover – no more square meals here! Try our **NEW Pepperoni Pizza** – zesty marinara sauce, gooey mozzarella cheese and turkey-beef pepperoni on a round whole-grain crust.



**Don't miss out on February 12<sup>th</sup>!**

**Lunch:** choice of 1% or fat-free milk; fresh fruit available daily.

**Dairy-free (DF) and vegetarian (V)** options available daily – if not listed on the menu, available upon request.

o **Vegetable** of the day