

# DECEMBER

# PSN BREAKFAST

## Unitized

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <ul style="list-style-type: none"> <li>Cheerios (DF)</li> </ul>	<p>3</p> <ul style="list-style-type: none"> <li>Blueberry Muffin</li> <li>Plain Whole Wheat Bagel/Cream Cheese</li> </ul>	<p>4</p> <ul style="list-style-type: none"> <li>Corn Chex (DF)</li> <li>Breakfast Cinnamon Crumble</li> </ul>	<p>5</p> <ul style="list-style-type: none"> <li>Yogurt/Educational Snacks</li> <li>String Cheese/Cinnamon Grahams</li> </ul>	<p>6</p> <ul style="list-style-type: none"> <li>Blueberry Burst Whole Grain Bagel/Cream Cheese</li> <li>Apple Muffin</li> </ul>
<p>9</p> <ul style="list-style-type: none"> <li>Yogurt/Granola/Fruit</li> <li>Corn Chex (DF)</li> </ul>	<p>10</p> <ul style="list-style-type: none"> <li>Granola Bowl (DF)</li> <li>Cheerios (DF)</li> </ul>	<p>11</p> <ul style="list-style-type: none"> <li>Yogurt/HONEY Grahams</li> <li>French Toast Muffin</li> </ul>	<p>12</p> <ul style="list-style-type: none"> <li>Blueberry Burst Whole Grain Bagel/Cream Cheese</li> <li>Lemon Muffin</li> </ul>	<p>13</p> <ul style="list-style-type: none"> <li>Blueberry Muffin</li> <li>Corn Chex (DF)</li> </ul>
<p>16</p> <ul style="list-style-type: none"> <li>Yogurt/HONEY Grahams</li> <li>Multigrain Cheerios (DF)</li> </ul>	<p>17</p> <ul style="list-style-type: none"> <li>Blueberry Muffin</li> <li>String Cheese/Cinnamon Grahams</li> </ul>	<p>18</p> <ul style="list-style-type: none"> <li>Plain Whole Wheat Bagel/Cream Cheese</li> <li>Yogurt/CINN Grahams</li> </ul>	<p>19</p> <ul style="list-style-type: none"> <li>Breakfast Cinnamon Crumble</li> <li>Corn Chex (DF)</li> </ul>	<p>20</p> <ul style="list-style-type: none"> <li>Blueberry Burst Whole Grain Bagel/Cream Cheese</li> <li>Autumn Spice Muffin</li> </ul>
<p>23</p> <ul style="list-style-type: none"> <li>Yogurt/Granola/Fruit</li> </ul>	<p>24</p> <ul style="list-style-type: none"> <li>Zee Zees Berry Apple Crisp Bar (DF)</li> </ul>	<p>25</p> <ul style="list-style-type: none"> <li>Multigrain Cheerios/Educational Snacks (VG)</li> </ul>	<p>26</p> <ul style="list-style-type: none"> <li>Zee Zees Cinnamon Crisp Bar (VG) (DF)</li> </ul>	<p>27</p> <ul style="list-style-type: none"> <li>Cinnamon Chex/Educational Snacks (VG)</li> </ul>
<p>30</p> <ul style="list-style-type: none"> <li>Yogurt/CINN Grahams</li> </ul>	<p>31</p> <ul style="list-style-type: none"> <li>Corn Chex/Giant Cinnamon Goldfish Grahams (DF) (VG)</li> </ul>			

### Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and tein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

revolution foods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

**BREAKFAST:** choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

**STUDENT FAVORITE** ★