

K-12 AUGUST

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Bites Cheese Enchiladas (V) Honey Mustard Salad with Grilled Chicken Bites Sunny Sandwich Kit (V) Chili Citrus Corn	2 Cheese Pizza (V) Five Cheese Lasagna (V) BBQ Chicken Wrap Chicken Salad Sandwich Carrots (DF) Side Salad with RANCH
5 The Revolution Hot Dog (DF) Cheesy Chicken Quesadilla Sunny Sandwich Kit (V) Mighty Meaty Deli Combo Sandwich Baby Carrots	6 Breakfast for Lunch: Pancakes with Omelet (V) Chili Citrus Drumstick with Rice (DF) Chicken Pesto Pasta Salad Cheddar Cheese Sandwich (V) Green Peas	7 Pasta with Zesty Beef Chicken Taco Trio Taco Dippers Kit (V) Sesame Chicken Wrap (DF) Green Beans with Caramelized Onions	8 Ranchero Chicken Con Queso Rice Bake Crispy Chicken Sandwich (DF) Veggie Chef's Salad (V) Buffalo Chicken Wrap Kidney Beans, Edamame, Carrot, Com	9 Pepperoni Pizza Cheese Pizza (V) Philly Cheesesteak Calzoni (V) Garden Ranch Salad with Chicken Breast Southwest Veggie Wrap (V) Side Salad with RANCH
12 Pepper Jack Cheeseburger Mumbo Grilled Chicken Bites (DF) Sunny Sandwich Kit (V) Chillin' Chinese Chicken Noodles Garbanzo, Edamame, & Shredded Carrots	13 Penne Pasta with Meat Sauce (DF) Cheesy Ravioli (V) Sesame Chicken Wrap (DF) Honey Mustard Chicken Wrap Savory Sweet Potatoes	14 Hot Meatball Sub Mama's Tamale (DF) Mighty Meaty Deli Combo Sandwich Cheddar Cheese Sandwich (V) Honey Mustard Chicken Wrap Green Peas	15 Creamy Chicken Alfredo Cheese Pizza Panada Pie (V) Veggie Taco Salad (V) Chicken Salad Sandwich (DF) Sliced Cucumber	16 Pepperoni Pizza Cheese Pizza (V) Flame Broiled Beef Cheeseburger Chicken Caesar Salad Turkey and Cheddar Sandwich Side Salad with RANCH
19 The Revolution Hot Dog (DF) BBQ Chicken Plate Sunny Sandwich Kit (V) Mighty Meaty Deli Combo Sandwich Baby Carrots	20 Spaghetti Marinara with Mozzarella (V) Five Cheese Lasagna (V) Chicken Pesto Pasta Salad Buffalo Chicken Wrap Steamed Corn	21 Jerk Drumstick with Pineapple Carrot Rice (DF) Pepper Jack Cheeseburger Southwest Veggie Wrap (V) Taco Dippers Kit (V) Green Beans with Caramelized Onions	22 Baked Mac & Cheese and Chicken Bites Chicken Taco Trio Veggie Chef's Salad (V) Chicken Salad Sandwich (DF) Chili Citrus Black Beans & Corn	23 Pepperoni Pizza Cheese Pizza (V) Sloppy Joe (DF) Garden Ranch Salad with Chicken Breast Chillin' Chinese Chicken Noodles Broccoli Florets with RANCH
26 Flame Broiled Beef Burger (DF) Mama's Green Chile Tamale (V) Turkey and Cheddar Sandwich Honey Mustard Chicken Wrap Pinto Beans and Steamed Corn	27 Korean BBQ Beef Bowl (DF) Breakfast for Lunch: Pancakes with Omelet (V) Garden Ranch Salad with Chicken Breast Buffalo Chicken Wrap Savory Sweet Potatoes	28 Cheesy Pizza Bite Meal (V) Creamy Pasta Alfredo (V) Mighty Meaty Deli Combo Sandwich Chicken Caesar Wrap Green Peas	29 Ranchero Beef Rice Bake (DF) Spicy Popcorn Chicken Sandwich Hummus Dippers (V) Sunny Sandwich Kit (V) Cucumber & Tomato Salad	30 Pepperoni Pizza Cheese Pizza (V) Chicken Potstickers with Not-So-Fried Rice Honey Mustard Salad with Grilled Chicken Bites Chicken Salad Sandwich (DF) Broccoli Florets with RANCH

Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!