

# AUGUST

K-12

# BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>HOT Turkey, Egg and Cheese Brekwich Corn Chex with Educational Snacks Plain Whole Wheat Bagel with Cream Cheese</p> <p style="text-align: right;"><b>1</b></p>	<p>Yogurt with Honey Grahams Blueberry Muffin</p> <p style="text-align: right;"><b>2</b></p>
<p>Cinnamon Chex Zee Zees Berry Apple Crisp Bar</p> <p style="text-align: right;"><b>5</b></p>	<p>HOT Cheddar Cheese and Omelet Gordita Lemon Muffin Yogurt with Cinnamon Grahams</p> <p style="text-align: right;"><b>6</b></p>	<p>HOT Mini Cheese Omelet with French Toast Stick Breakfast Cinnamon Crumble Blueberry Burst Whole Grain Bagel with Cream Cheese</p> <p style="text-align: right;"><b>7</b></p>	<p>HOT Rise &amp; Shine Breakfast Burrito (Egg &amp; Cheese) Banana Muffin Zac Omega Bar Blackberry</p> <p style="text-align: right;"><b>8</b></p>	<p>Plain Whole Wheat Bagel with Cream Cheese Yogurt with Educational Snacks</p> <p style="text-align: right;"><b>9</b></p>
<p>Granola Bowl Zee Zees Cinnamon Crisp Bar</p> <p style="text-align: right;"><b>12</b></p>	<p>HOT Cornbread &amp; Egg Omelet Blueberry Muffin Plain Whole Wheat Bagel with Cream Cheese</p> <p style="text-align: right;"><b>13</b></p>	<p>HOT Pancakes with Syrup Corn Chex with Giant Cinnamon Goldfish Grahams Zee Zees Berry Apple Crisp Bar</p> <p style="text-align: right;"><b>14</b></p>	<p>HOT Classic Chicken Sausage and Cheddar Bagel Sandwich Yogurt with Granola String Cheese with Cinnamon Grahams</p> <p style="text-align: right;"><b>15</b></p>	<p>Blueberry Burst Whole Grain Bagel with Cream Cheese Cheerios with Animal Crackers</p> <p style="text-align: right;"><b>16</b></p>
<p>Yogurt with Granola Zac Omega Bar Blackberry</p> <p style="text-align: right;"><b>19</b></p>	<p>HOT Pancake Bowl Apple String Cheese with Cinnamon Grahams Multigrain Cheerios with Giant Cinnamon Goldfish Grahams</p> <p style="text-align: right;"><b>20</b></p>	<p>HOT Pepper Jack Cheese and Omelet Gordita Mini French Toast Muffin with String Cheese Yogurt with Honey Grahams</p> <p style="text-align: right;"><b>21</b></p>	<p>HOT Classic Egg and Cheese Brekwich Plain Whole Wheat Bagel with Cream Cheese Lemon Muffin</p> <p style="text-align: right;"><b>22</b></p>	<p>Blueberry Muffin Cinnamon Chex with Educational Snacks</p> <p style="text-align: right;"><b>23</b></p>
<p>Yogurt with Educational Snacks Cheerios with Animal Crackers</p> <p style="text-align: right;"><b>26</b></p>	<p>HOT French Toast Sticks Blueberry Muffin Zee Zees Berry Apple Crisp Bar</p> <p style="text-align: right;"><b>27</b></p>	<p>HOT Sausage &amp; Cheddar Biscuit Plain Whole Wheat Bagel with Cream Cheese Yogurt with HONEY Grahams</p> <p style="text-align: right;"><b>28</b></p>	<p>HOT Pancake with Syrup Corn Chex with Educational Snacks Zee Zees Cinnamon Crisp Bar</p> <p style="text-align: right;"><b>29</b></p>	<p>Blueberry Burst Whole Grain Bagel with Cream Cheese Banana Muffin</p> <p style="text-align: right;"><b>30</b></p>

## Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

**revolution**foods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

**BREAKFAST:** choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

**STUDENT FAVORITE** ★