

# September

## PSN BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> <li>cold bagel sandwich with turkey and cream cheese</li> <li>breakfast cinnamon crumble</li> </ul> <p style="text-align: right;">1</p>
<p>no school for students</p> <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> <li>yogurt/skeeter cinn grahams</li> <li>multigrain cheerios (df)</li> </ul> <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> <li>hot pancakes w/ syrup</li> <li>apple muffin</li> <li>string cheese/skeeter cinn grahams</li> </ul> <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> <li>hot southwest chicken chorizo and cheese bagel sandwich</li> <li>plain whole wheat bagel/cream cheese</li> <li>corn chex (df)</li> </ul> <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> <li>blueberry muffin</li> <li>yogurt/educational snacks</li> </ul> <p style="text-align: right;">8</p>
<ul style="list-style-type: none"> <li>cinnamon rumbles and string cheese</li> <li>multigrain cheerios (df)</li> </ul> <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> <li>hot pancakes w/ syrup</li> <li>breakfast cinnamon crumble</li> <li>plain whole wheat bagel/cream cheese</li> </ul> <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> <li>hot rise &amp; shine breakfast burrito (egg &amp; cheese)</li> <li>corn chex (df)</li> <li>yogurt/skeeter cinn grahams</li> </ul> <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> <li>hot turkey, cheddar cheese, and omelet gordita</li> <li>banana muffin</li> <li>blueberry burst whole grain bagel/cream cheese</li> </ul> <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> <li>string cheese/skeeter cinn grahams</li> <li>multigrain cheerios (df)</li> </ul> <p style="text-align: right;">15</p>
<ul style="list-style-type: none"> <li>yogurt/educational snacks</li> <li>cheerios (df)</li> </ul> <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> <li>hot french toast sticks</li> <li>corn chex (df)</li> <li>plain whole wheat bagel/cream cheese</li> </ul> <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> <li>hot omelet w/ cheese</li> <li>cold cheesy bagel sandwich</li> <li>french toast muffin</li> </ul> <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> <li>hot classic chicken sausage and cheddar brekwich (english muffin)</li> <li>breakfast cinnamon crumble</li> <li>multigrain cheerios (df)</li> </ul> <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> <li>lemon muffin</li> <li>blueberry burst whole grain bagel/cream cheese</li> </ul> <p style="text-align: right;">22</p>
<ul style="list-style-type: none"> <li>string cheese/skeeter cinn grahams</li> <li>cheerios (df)</li> </ul> <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> <li>hot french toast sticks</li> <li>breakfast cinnamon crumble</li> <li>yogurt/skeeter honey grahams</li> </ul> <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> <li>hot breakfast panada pie with eggs, cheese, and green chilies</li> <li>plain whole wheat bagel/cream cheese</li> <li>multigrain cheerios (df)</li> </ul> <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> <li>hot turkey, cheddar cheese, and omelet gordita</li> <li>banana muffin</li> <li>yogurt/granola/ fruit</li> </ul> <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> <li>french toast muffin</li> <li>blueberry burst whole grain bagel/cream cheese</li> </ul> <p style="text-align: right;">29</p>

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

