

October

LUNCH PSN

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Five Cheese Lasagna (VG) • Crispy Chicken Sandwich (DF) • Mighty Meaty Deli Combo Sandwich • Steamed Corn <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> • Baked Mac & Cheese and Chicken Bites Lunch Combo • Cheese Pizza Panada Pie (VG) • Turkey and Cheddar Sandwich • Steamed Carrots <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> • Classic Chicken Parm Pasta • Mama's Tamale (Mild Green Chili and Cheese) (VG) • Honey Mustard Chicken Wrap • Pinto Beans and Diced Carrots <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> • Buffalo Chicken Sandwich • Sloppy Joe (DF) • Egg Salad Sandwich (DF) (VG) • Chopped Lettuce and Sliced Tomatoes with Ranch <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> • Pepper Jack Cheeseburger • Breakfast for Lunch: Pancakes w/ Omelet (VG) • BBQ Chicken Wrap • Chilled, Seasoned Green Beans <p style="text-align: right;">6</p>
National School Lunch Week				
<ul style="list-style-type: none"> • Buffalo Chicken Crunchadilla • Mama's Tamale (Mild Green Chili and Cheese) (VG) • Turkey and Cheddar Sandwich • Green Peas <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> • Creamy Tomato Curry with Grilled Chicken • Firecracker Chicken with Sesame Noodles • Chicken Taco Trio • Cheddar Cheese Sandwich (VG) • Blanched Broccoli and Pinto Beans <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> • Spaghetti Marinara with Mozzarella (VG) • Jumbo Asian Meatball with Sweet Garlic Noodles • Chicken Salad Sandwich (DF) • Sweet Potatoes <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> • Cheese Pizza with a Whole Grain Crust (VG) • Flame Broiled Beef Cheeseburger • Mighty Meaty Deli Sandwich • Sliced Cucumbers with Ranch <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> • Chicken Enchiladas • Chicken Bites (DF) • Sunny Sandwich Kit (VG) • Braised Greens <p style="text-align: right;">13</p>
<ul style="list-style-type: none"> • Italian "Sausage" Calzoni (VG) • BBQ Chicken with Cheesy Rice Sandwich • Mighty Meaty Deli Combo Sandwich • Steamed Carrots <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> • Baked Mac & Cheese and BBQ Chicken Lunch Combo • Bean and Cheese Quesadilla (VG) • Turkey and Cheddar Sandwich • Blanched Broccoli and Pinto Beans <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> • General Tso's Chicken • Lone Star BBQ Chicken Sandwich • Southwest Veggie Wrap (VG) • Steamed Corn <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> • Oven Roasted Chicken Sandwich (DF) • Sloppy Joe (DF) • Cheddar Cheese Sandwich (VG) • Chopped Lettuce and Sliced Tomatoes with Ranch <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> • Pasta with Zesty Beef • Chicken Potstickers (DF) • Egg Salad Sandwich (VG) (DF) FW 2 • Chilled Seasoned Green Beans <p style="text-align: right;">20</p>
<ul style="list-style-type: none"> • (Hot) Turkey and Cheese Flatbread Sandwich • Chicken Bites (DF) • Egg Salad Sandwich (VG) (DF) • Steamed Corn <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> • Cheesy Ravioli (VG) • Kickin Chicken Melt Sandwich • Chicken Salad Sandwich (DF) • Chilled, Seasoned Green Beans <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> • BBQ Chicken Quesadilla • Sweet Garlic Noodles with Chicken Thigh • Cheddar Cheese Sandwich (VG) • Pinto Beans and Diced Carrots <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> • Flame Broiled Beef Cheeseburger • Southern BBQ Chicken Sandwich • Southwest VG Wrap (VG) • Chopped Lettuce and Sliced Tomatoes with Ranch <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> • Buffalo Chicken Pizza • Mama's Tamale (Red Chile Chicken) (DF) • Hummus Dippers (VG) • Sweet Potatoes <p style="text-align: right;">27</p>
<ul style="list-style-type: none"> • Chicken Potstickers (DF) • Chicken Enchiladas • Cheddar Cheese Sandwich (VG) • Turkey and Cheddar Sandwich • Chilled, Seasoned Green Beans <p style="text-align: right;">30</p>	<ul style="list-style-type: none"> • Lone Star BBQ Chicken Sandwich • Five Cheese Lasagna • Mighty Meaty Deli Combo Sandwich • Steamed Carrots <p style="text-align: right;">31</p>			

celebrate national school lunch week!

October 9-13 is National School Lunch Week, and we're celebrating with an all-star menu of all your favorite meals!

Stop by the lunchroom and try something new!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

