

November

LUNCH K-12

Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> cheese pizza panada pie (vg) chicken bites (df) honey mustard chicken wrap chicken salad sandwich (df) garbanzo beans with broccoli <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> cheese ravioli with marinara sauce (vg) baked mac & cheese and bbq chicken lunch combo ham and cheese sandwich chicken caesar wrap local chilled seasoned green beans <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> oven roasted chicken sandwich (df) flame broiled beef cheeseburger garden chicken ranch salad southwest veggie wrap (vg) shredded lettuce and sliced tomatoes with ranch <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> jumbo caribbean meatball with rice (df) bbq chicken with cheesy rice cheese sandwich (vg) sesame chicken wrap (df) local sweet potatoes <p style="text-align: right;">4</p>
<ul style="list-style-type: none"> "pepperoni" calzoni pizza (vg) bbq chicken quesadilla chicken pizza party salad sunbutter and jelly sandwich (vg) local braised greens <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> cheese lasagna (vg) spaghetti and meatballs (df) turkey and cheese sandwich bbq chicken wrap black beans with baby carrots <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> spicy chicken chorizo and cheese eggel sandwich chicken enchiladas chicken salad sandwich (df) cheese sandwich (vg) local sweet potatoes <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> all natural hot dog (df) buffalo chicken sandwich sesame chicken salad southwest veggie wrap (vg) celery sticks with ranch <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> jumbo italian meatball kickin chicken melt egg salad sandwich (vg) (df) chicken caesar wrap corn <p style="text-align: right;">11</p>
<ul style="list-style-type: none"> crispy chicken sandwich (df) hawaiian meatballs with island style rice sesame chicken salad cheese sandwich (vg) local chilled seasoned green beans <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> cheese ravioli (vg) bbq chicken pasta chicken salad sandwich (df) chillin' chinese chicken noodles garbanzo beans with broccoli <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> oven roasted chicken sandwich (df) sloppy joe (df) egg salad sandwich (vg) (df) turkey and cheese sandwich local sweet potatoes <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> *Holiday* roasted turkey and stuffing (df) cheese enchiladas (vg) honey mustard chicken wrap ham and cheese sandwich mashed potatoes <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> chicken teriyaki with brown rice (df) chicken taco trio bbq chicken wrap veggie chef's salad (vg) local braised greens <p style="text-align: right;">18</p>
<ul style="list-style-type: none"> all natural hot dog (df) cheese pizza with a whole grain crust (vg) turkey and cheese sandwich bbq chicken wrap local corn <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> pancakes w/ omelet (vg) orange chicken rice bowl (df) chicken salad sandwich (df) chicken caesar wrap edamame with grape tomatoes <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> sweet garlic chicken noodles hot meatball sub sesame chicken wrap (df) sunbutter and jelly sandwich (vg) local chilled seasoned green beans <p style="text-align: right;">23</p>	<h1 style="color: red;">Thanksgiving Break</h1>	
<ul style="list-style-type: none"> cheese lasagna with whole grain pasta (vg) lone star grilled chicken breast sandwich chicken salad sandwich (df) sesame chicken salad local chilled seasoned green beans <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> chicken bites (df) chicken sausage and cheddar eggel sandwich veggie chef's salad (vg) sesame chicken wrap (df) pinto beans with baby carrots <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> kickin chicken parm pasta baked mac & cheese and bbq baked beans lunch combo (vg) turkey and cheese sandwich chillin' chinese chicken noodles local corn <p style="text-align: right;">30</p>		

Holiday Cheer!

Our Holiday Roast Turkey Meal is back and will be available on November 17!

Lunch: choice of % or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and **vegetarian (V)** options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

This institution is an equal opportunity provider.

