

November

LUNCH PK

Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> cheese pizza panada pie (vg) chicken bites (df) honey mustard chicken wrap seasoned kidney beans with broccoli 1 	<ul style="list-style-type: none"> cheese ravioli with marinara sauce (vg) baked mac & cheese and bbq chicken lunch combo chicken salad sandwich (df) chilled, seasoned green beans 2 	<ul style="list-style-type: none"> oven roasted chicken sandwich (df) flame broiled beef cheeseburger southwest veggie wrap (vg) chopped lettuce and sliced tomatoes with ranch 3 	<ul style="list-style-type: none"> jumbo caribbean meatball with rice (df) bbq chicken with cheesy rice cheese sandwich (vg) sweet potatoes 4
<ul style="list-style-type: none"> "pepperoni" calzoni pizza (meatless) (vg) bbq chicken quesadilla chicken salad sandwich (df) braised greens 7 	<ul style="list-style-type: none"> cheese lasagna with whole grain pasta (vg) spaghetti and meatballs (df) turkey and cheese sandwich seasoned black beans with diced carrots 8 	<ul style="list-style-type: none"> spicy chicken chorizo and cheese eggel sandwich chicken enchiladas cheese sandwich (vg) sweet potatoes 9 	<ul style="list-style-type: none"> bbq chicken sandwich cheese pizza with a whole grain crust (vg) sesame chicken wrap (df) sliced cucumber with ranch 10 	<ul style="list-style-type: none"> jumbo italian meatball with penne kickin chicken melt sandwich egg salad sandwich (vg) (df) corn 11
<ul style="list-style-type: none"> crispy chicken sandwich (df) (dmv) hawaiian meatballs with island style rice cheese sandwich (vg) chilled, seasoned green beans with ranch 14 	<ul style="list-style-type: none"> cheese ravioli with marinara sauce (vg) bbq chicken pasta with mozzarella and corn chicken salad sandwich (df) pinto beans with broccoli 15 	<ul style="list-style-type: none"> oven roasted chicken sandwich (df) sloppy joe (df) egg salad sandwich (vg) (df) sweet potatoes 16 	<ul style="list-style-type: none"> roasted turkey and stuffing (df) (seasonal) cheese enchiladas (vg) honey mustard chicken wrap mashed potatoes 17 	<ul style="list-style-type: none"> chicken teriyaki with brown rice (df) chicken taco trio southwest veggie wrap (vg) braised greens 18
<ul style="list-style-type: none"> flame broiled beef cheeseburger cheese pizza with a whole grain crust (vg) bbq chicken wrap corn 21 	<ul style="list-style-type: none"> breakfast for lunch: pancakes w/ omelet (vg) orange chicken rice bowl chicken salad sandwich (df) black beans with tomatoes 22 	<ul style="list-style-type: none"> sweet garlic noodles with chicken thigh hot meatball sub sunbutter and jelly sandwich (vg) chilled, seasoned green beans with ranch 23 	Thanksgiving Break	
<ul style="list-style-type: none"> cheese lasagna with whole grain pasta (vg) lone star grilled chicken breast sandwich chicken salad sandwich (df) chilled, seasoned green beans 28 	<ul style="list-style-type: none"> chicken bites (df) chicken sausage and cheddar eggel sandwich egg salad sandwich (vg) (df) pinto beans with diced carrots 29 	<ul style="list-style-type: none"> kickin chicken parm pasta baked mac & cheese and bbq baked beans lunch combo (vg) turkey and cheese sandwich corn 30 		

Holiday Cheer!

Our Holiday Roast Turkey Meal is back and will be available on November 17!

Lunch: choice of % or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and **vegetarian (V)** options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

This institution is an equal opportunity provider.

