

January

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
2	<ul style="list-style-type: none"> shelf-stable breakfast: rf snow flurries with cinnamon skeeters and raisins (PK served with Applesauce) 3	<ul style="list-style-type: none"> hot pancakes w/ syrup french toast muffin zac omega bar strawberry (DF) 4	<ul style="list-style-type: none"> hot cinnamon toast bagel rf snow flurries cereal (DF) blueberry burst whole grain bagel/cream cheese 5	<ul style="list-style-type: none"> breakfast cinnamon crumble jumpstart breakfast: mini dipperdoodle /string cheese 6
<ul style="list-style-type: none"> zac omega bar apple (DF) skeeter honey grahams/cinnamon rumbles (DF) 9	<ul style="list-style-type: none"> hot waffles with syrup lemon muffin apple cinna-grins cereal fruit (DF) 10	<ul style="list-style-type: none"> hot omelet w/ cheese plain whole wheat bagel/cream cheese jumpstart breakfast: mini dipperdoodle /string cheese 11	<ul style="list-style-type: none"> hot southwest chicken chorizo and cheese english muffin breakfast cinnamon crumble rf honey buttons cereal (DF) 12	<ul style="list-style-type: none"> banana muffin yogurt/dick and janes smart crackers 13
<p style="text-align: center;">No School Martin Luther King Jr. Day</p> 16	<ul style="list-style-type: none"> zac omega bar blackberry (DF) rf cocoa critters cereal (DF) 17	<ul style="list-style-type: none"> hot pancakes w/ syrup apple muffin yogurt/granola 18	<ul style="list-style-type: none"> hot breakfast burrito blueberry burst whole grain bagel/cream cheese rf snow flurries cereal (DF) 19	<ul style="list-style-type: none"> french toast muffin dipper doodle bar fruit (DF) 20
<ul style="list-style-type: none"> string cheese/skeeter cinnamon grahams rf honey buttons cereal (DF) 23	<ul style="list-style-type: none"> hot omelet w/ cheese lemon muffin zac omega bar strawberry (DF) 24	<ul style="list-style-type: none"> hot egg and sausage quesadilla mini dipperdoodle /string cheese plain whole wheat bagel/cream cheese 25	<ul style="list-style-type: none"> hot classic chicken sausage and cheddar bagel sandwich breakfast cinnamon crumble apple muffin 26	<ul style="list-style-type: none"> apple cinna-grins cereal fruit (DF) yogurt/skeeter cinnamon grahams 27
<ul style="list-style-type: none"> dipper doodle bar fruit (DF) rf cocoa critters cereal (DF) 30	<ul style="list-style-type: none"> hot waffles with syrup blueberry burst whole grain bagel/cream cheese yogurt/granola 31			

What's New?

Resolve to eat breakfast this year! Studies show that students who eat breakfast at school perform better on tests and have improved concentration, alertness, comprehension, memory, and learning!

Breakfast: choice of % or fat-free milk; fresh fruit available daily except when fruit juice is offered twice per week.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

This institution is an equal opportunity provider

