

August

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • rf cocoa bops cereal (df) • dipper doodle bar (df) <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> • hot cinnamon toast bagel • blueberry muffin • yogurt/dick and janes smart crackers) <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> • hot pancakes w/ syrup • plain whole wheat bagel/creamcheese • zac omega bar apple (df) <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> • hot breakfast burrito • apple cinna-grins cereal/ [9-12 egg] • *NEW* french toast muffin <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> • string cheese/skeeter cinn grahams • blueberry burst whole grain bagel/cream cheese <p style="text-align: right;">5</p>
<ul style="list-style-type: none"> • zac omega bar strawberry (df) • rf flurries cereal (df) <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> • hot waffles with syrup • lemon muffin • jumpstart breakfast: mini dipperdoodle /string cheese/ fruit <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> • hot english muffin with turkey, egg and cheese • breakfast cinnamon crumble • apple cinna-grins cereal/ [9-12 egg] / fruit (df) <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> • hot egg and sausage quesadilla • yogurt/granola/ fruit • blueberry burst whole grain bagel/cream cheese <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> • rf cocoa bops cereal (df) • apple muffin <p style="text-align: right;">12</p>
<ul style="list-style-type: none"> • jumpstart breakfast: mini dipperdoodle /string cheese/ fruit • rf honey buttons cereal (df) <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> • hot pancakes w/ syrup • *NEW* french toast muffin • rf cocoa bops cereal (df) <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> • hot buenos dias breakfast burrito • plain whole wheat bagel/cream cheese • yogurt/dick and janes smart crackers <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> • hot cinnamon toast bagel • blueberry muffin • zac omega bar apple (df) • add orange juice version of all <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> • apple cinna-grins cereal/ [9-12 egg] / fruit (df) • breakfast cinnamon crumble <p style="text-align: right;">19</p>
<ul style="list-style-type: none"> • yogurt/granola/ fruit • rf cocoa bops cereal (df) <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> • hot bagel sandwich with cheese • blueberry burst whole grain bagel/cream cheese • dipper doodle bar (df) <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> • hot omelet w/ cheese • apple muffin • rf flurries cereal (df) <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> • hot waffles with syrup • cold english muffin with turkey and cheese • breakfast cinnamon crumble <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> • lemon muffin • rf honey buttons cereal (df) <p style="text-align: right;">26</p>
<ul style="list-style-type: none"> • dipper doodle bar (df) • rf flurries cereal (df) <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> • hot pancakes w/ syrup • *NEW* french toast muffin • string cheese/skeeter cinn grahams <p style="text-align: right;">30</p>	<ul style="list-style-type: none"> • hot cinnamon toast bagel • yogurt/dick and janes smart crackers • apple cinna-grins cereal/ [9-12 egg] / fruit (df) <p style="text-align: right;">31</p>		

what's new?

The *NEW* French Toast Muffin:
Ooh la la! Say hello to the latest addition to our breakfast family. A soft, whole-grain muffin with all the flavors of classic French Toast.

Look for it on the menu on August 4th and 30th!

Breakfast: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered twice per week.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

This institution is an equal opportunity provider.