

September

LUNCH PK

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|
| | | | <ul style="list-style-type: none"> • all natural hamburger (DF) • sloppy joe (DF) • egg salad sandwich(VG) (DF) ○ blanched broccoli florets with ranch <p style="text-align: right;">1</p> | <ul style="list-style-type: none"> • kickin chicken parm pasta • orange chicken rice bowl (DF) • sunbutter and jelly sandwich (VG) ○ seasoned corn <p style="text-align: right;">2</p> |
| HOLIDAY | <ul style="list-style-type: none"> • hot turkey & cheddar flatbread melt • chicken potstickers (DF) • southwest veggie wrap (VG) ○ chilled, seasoned green beans <p style="text-align: right;">5</p> | <ul style="list-style-type: none"> • firecracker chicken with spicy sesame noodles • sausage pizza • cheese sandwich (VG) ○ broccoli florets with pinto beans <p style="text-align: right;">6</p> | <ul style="list-style-type: none"> • bbq chicken sandwich • all natural cheeseburger • sunbutter and jelly sandwich (VG) • chopped lettuce and sliced tomatoes with ranch <p style="text-align: right;">7</p> | <ul style="list-style-type: none"> • bbq chicken pasta with mozzarella • cheese ravioli with marinara sauce (VG) • chillin' chinese chicken noodles ○ seasoned corn <p style="text-align: right;">8</p> |
| <ul style="list-style-type: none"> • kickin chicken melt sandwich • bean and cheese burrito (VG) • turkey and cheese sandwich ○ seasoned corn <p style="text-align: right;">12</p> | <ul style="list-style-type: none"> • egg and cheese panada pie (VG) • hawaiian meatballs • chicken salad sandwich on a whole grain bun (DF) ○ blanched broccoli florets with seasoned black beans <p style="text-align: right;">13</p> | <ul style="list-style-type: none"> • chicken enchiladas • chicken bites (DF) • hummus and whole grain flatbread (VG) ○ braised greens <p style="text-align: right;">14</p> | <ul style="list-style-type: none"> • sloppy joe (DF) • buffalo chicken sandwich on a whole grain bun • egg salad sandwich on a whole grain bun (VG) (DF) • sliced cucumber with ranch <p style="text-align: right;">15</p> | <ul style="list-style-type: none"> • bbq chicken with cheesy rice • chicken taco trio • southwest veggie wrap (VG) ○ sweet potatoes <p style="text-align: right;">16</p> |
| <ul style="list-style-type: none"> • ""pepperoni" calzoni pizza (VG) • jumbo caribbean meatball with rice (DF) • honey mustard chicken wrap ○ chilled, seasoned green beans <p style="text-align: right;">19</p> | <ul style="list-style-type: none"> • cheese ravioli with marinara sauce (VG) • chicken fajita burrito • chillin' chinese chicken noodles ○ diced carrots with pinto beans <p style="text-align: right;">20</p> | <ul style="list-style-type: none"> • lone star grilled chicken breast sandwich • sweet garlic noodles with chicken thigh • egg salad sandwich (VG) (DF) ○ sweet potatoes <p style="text-align: right;">21</p> | <ul style="list-style-type: none"> • all natural cheeseburger • bbq chicken sandwich • hummus and whole grain flatbread (VG) ○ chopped lettuce and sliced tomatoes with ranch <p style="text-align: right;">22</p> | <ul style="list-style-type: none"> • bbq meatballs with cheesy rice • chicken pasta alfredo • cheese sandwich (VG) ○ seasoned corn <p style="text-align: right;">23</p> |
| <ul style="list-style-type: none"> • chicken taco trio • breakfast for lunch: pancakes w/ omelet (VG) • chicken salad sandwich (DF) • chicken caesar wrap ○ chilled, seasoned green beans <p style="text-align: right;">26</p> | <ul style="list-style-type: none"> • chicken enchiladas • cheese pizza panada pie • turkey and cheese sandwich • bbq chicken wrap ○ pinto beans with baby carrots <p style="text-align: right;">27</p> | <ul style="list-style-type: none"> • crispy chicken sandwich (DF) • cheese lasagna (VG) • sesame chicken wrap (DF) • garden ranch salad with chicken breast ○ sweet potatoes <p style="text-align: right;">28</p> | <ul style="list-style-type: none"> • all natural hot dog (DF) • sloppy joe (DF) • egg salad sandwich (VG) (DF) • chicken pizza party salad ○ blanched broccoli florets with ranch <p style="text-align: right;">29</p> | <ul style="list-style-type: none"> • kickin chicken parm pasta • orange chicken rice bowl (DF) • sunbutter and jelly sandwich(VG) • ham and cheese sandwich ○ seasoned corn <p style="text-align: right;">30</p> |

what's new?

Mmm panada! Our new breakfast inspired empanada is filled with fluffy eggs and melted mozzarella cheese. Look for the Egg & Cheese Panada Pie on Sept. 13.

Spice up lunch with our new Kickin' Chicken Parm Pasta. Lightly-breaded chicken tossed with spicy buffalo sauce and plated over corkscrew pasta with tomato marinara and melted mozzarella. Look for it on the menu on Sept 2 and 30!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ Vegetable of the day

This institution is an equal opportunity provider