

# March

## UNITIZED BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
			<ul style="list-style-type: none"> <li>Corn Chex &amp; Zac Attack Strawberry (DF)</li> <li>Autumn Spice</li> </ul> <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> <li>Zee Zees Berry Apple Crisp Bar (DF)</li> <li>Yogurt &amp; Educational Snacks</li> </ul> <p style="text-align: right;">2</p>
<b>NATIONAL SCHOOL BREAKFAST WEEK</b>				
<ul style="list-style-type: none"> <li>String Cheese &amp; Cinnamon Grahams</li> <li>Cheerios &amp; Mini Dipperdoodle Bar (DF)</li> </ul> <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> <li>Plain Whole Wheat Bagel &amp; Cream Cheese</li> <li>Corn Chex &amp; Zac Attack Strawberry (DF)</li> </ul> <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> <li>Yogurt &amp; CINN Grahams</li> <li>French Toast Muffin</li> </ul> <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> <li>Cinnamon Chex &amp; Zac Attack Strawberry (DF)</li> <li>Breakfast Cinnamon Crumble</li> </ul> <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> <li>Blueberry Muffin</li> <li>COLD Turkey and Cheddar Brekwich (English Muffin)</li> </ul> <p style="text-align: right;">9</p>
<ul style="list-style-type: none"> <li>Yogurt &amp; Educational Snacks</li> <li>Zee Zees Berry Apple Crisp Bar (DF)</li> </ul> <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> <li>String Cheese &amp; Cinnamon Grahams</li> <li>Autumn Spice Muffins</li> </ul> <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> <li>Multigrain Cheerios &amp; Mini Dipperdoodle Bar (DF)</li> <li>Blueberry Burst Whole Grain Bagel &amp; Cream Cheese</li> </ul> <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> <li>Banana Muffin</li> <li>Yogurt and Granola</li> </ul> <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> <li>Plain Whole Wheat Bagel &amp; Cream Cheese</li> <li>Dipper Doodle Bar (DF)</li> </ul> <p style="text-align: right;">16</p>
<ul style="list-style-type: none"> <li>Yogurt &amp; Granola</li> <li>Zee Zees Berry Apple Crisp Bar (DF)</li> </ul> <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> <li>Cinnamon Chex &amp; Zac Attack Strawberry (DF)</li> <li>String Cheese &amp; Cinnamon Grahams</li> </ul> <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> <li>Yogurt &amp; HONEY Grahams</li> <li>French Toast Muffin</li> </ul> <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> <li>Zac Omega Bar Blackberry (DF)</li> <li>Breakfast Cinnamon Crumble</li> </ul> <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> <li>Jumpstart Breakfast: Mini Dipperdoodle &amp; String Cheese</li> <li>Blueberry Muffin</li> </ul> <p style="text-align: right;">23</p>
<ul style="list-style-type: none"> <li>Yogurt &amp; HONEY Grahams</li> <li>Cheerios &amp; Zac Attack Apple (DF)</li> </ul> <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> <li>Dipper Doodle Bar (DF)</li> <li>Lemon Muffin</li> </ul> <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> <li>Breakfast Cinnamon Crumble</li> <li>Blueberry Burst Whole Grain Bagel &amp; Cream Cheese</li> </ul> <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> <li>Corn Chex &amp; Zac Attack Strawberry (DF)</li> <li>Banana Muffin</li> </ul> <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> <li>Zee Zees Berry Apple Crisp Bar (DF)</li> <li>Yogurt &amp; Educational Snacks</li> </ul> <p style="text-align: right;">30</p>

### What's New?

**National School Breakfast Week** is March 5 – 9!

Celebrate with our **NEW Breakfast Scrambles with Scoops!**

### did you know?

studies show that students who eat breakfast have improved attention and memory, which leads to higher reading and math scores!



**Breakfast:** choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered three times per week.

*This institution is an equal opportunity provider*

