

# February

## PSN UNITIZED BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
			<ul style="list-style-type: none"> <li>Banana Muffin</li> <li>Yogurt/Granola</li> </ul> <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> <li>Cinnamon Duo: Skeeter Cinnamon Grahams/Cinnamon Rumbles</li> <li>Corn Chex (DF)</li> </ul> <p style="text-align: right;">2</p>
<ul style="list-style-type: none"> <li>String Cheese/Skeeter Cinnamon Grahams</li> <li>Cheerios (DF)</li> </ul> <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> <li>Plain Whole Wheat Bagel/Cream Cheese</li> <li>Corn Chex (DF)</li> </ul> <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> <li>Yogurt/Remy's Cinnamon Grahams</li> <li>French Toast Muffin</li> </ul> <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> <li>Breakfast Cinnamon Crumble</li> <li>Corn Chex (DF)</li> </ul> <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> <li>Blueberry Muffin</li> <li>COLD Turkey and Cheddar Brekwich (English Muffin)</li> </ul> <p style="text-align: right;">9</p>
<ul style="list-style-type: none"> <li>Yogurt/Educational Snacks</li> <li>Cheerios (DF)</li> </ul> <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> <li>String Cheese/Skeeter Cinnamon Grahams</li> <li>Lemon Muffin</li> </ul> <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> <li>Multigrain Cheerios (DF)</li> <li>Blueberry Burst Whole Grain Bagel/Cream Cheese</li> </ul> <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> <li>Banana Muffin</li> <li>Yogurt/Granola</li> </ul> <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> <li>Plain Whole Wheat Bagel/Cream Cheese</li> <li>String Cheese/Skeeter Cinnamon Grahams</li> </ul> <p style="text-align: right;">16</p>
<ul style="list-style-type: none"> <li>Cheerios (DF)</li> <li>Yogurt/Granola</li> </ul> <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> <li>String Cheese/Skeeter Cinnamon Grahams</li> <li>Plain Whole Wheat Bagel/Cream Cheese</li> </ul> <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> <li>French Toast Muffin</li> <li>Yogurt/Remy's Cinnamon Grahams</li> </ul> <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> <li>Blueberry Muffin</li> <li>Breakfast Cinnamon Crumble</li> </ul> <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> <li>Skeeter HONEY Grahams/Cinnamon Rumbles (DF)</li> <li>Blueberry Muffin</li> </ul> <p style="text-align: right;">23</p>
<ul style="list-style-type: none"> <li>Multigrain Cheerios (DF)</li> <li>Yogurt/Skeeter HONEY Grahams</li> </ul> <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> <li>Lemon Muffin</li> <li>String Cheese/Skeeter Cinnamon Grahams</li> </ul> <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> <li>Breakfast Cinnamon Crumble</li> <li>Blueberry Burst Whole Grain Bagel/Cream Cheese</li> </ul> <p style="text-align: right;">28</p>		

### Did You Know?

As your first meal of the day, breakfast provides you with the energy you need to start the day off right!

**Breakfast:** choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered three times per week.

*This institution is an equal opportunity provider*

