

February

K-12 UNITIZED BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
			<ul style="list-style-type: none"> Banana Muffin Yogurt/Granola 	<ul style="list-style-type: none"> Jumpstart Breakfast: Mini Dipperdoodle (1.3 oz)/String Cheese COLD Turkey and Cheddar Brekwich (English Muffin)
5	6	7	8	9
<ul style="list-style-type: none"> String Cheese/Skeeter Cinnamon Grahams Cheerios/Mini Dipperdoodle Bar (DF) 	<ul style="list-style-type: none"> Plain Whole Wheat Bagel/Cream Cheese Corn Chex/Zac Attack Strawberry (1.35 oz) (DF) 	<ul style="list-style-type: none"> Yogurt/Remy's Cinnamon Grahams French Toast Muffin 	<ul style="list-style-type: none"> Dipper Doodle Bar (2.3 oz) (DF) Breakfast Cinnamon Crumble 	<ul style="list-style-type: none"> Blueberry Muffin COLD Turkey and Cheddar Brekwich (English Muffin)
12	13	14	15	16
<ul style="list-style-type: none"> Yogurt/Educational Snacks Zee Zees Berry Apple Crisp Bar (DF) 	<ul style="list-style-type: none"> String Cheese/Skeeter Cinnamon Grahams Lemon Muffin 	<ul style="list-style-type: none"> Multigrain Cheerios/Mini Dipperdoodle Bar (DF) Blueberry Burst Whole Grain Bagel/Cream Cheese 	<ul style="list-style-type: none"> Banana Muffin Yogurt/Granola 	<ul style="list-style-type: none"> Plain Whole Wheat Bagel/Cream Cheese Dipper Doodle Bar (2.3 oz) (DF)
19	20	21	22	23
<ul style="list-style-type: none"> Zee Zees Berry Apple Crisp Bar (DF) Yogurt/Granola 	<ul style="list-style-type: none"> Cinnamon Chex/Zac Attack Strawberry (1.35 oz) (DF) String Cheese/Skeeter Cinnamon Grahams 	<ul style="list-style-type: none"> Yogurt/Remy's Cinnamon Grahams French Toast Muffin 	<ul style="list-style-type: none"> Zac Omega Bar Blackberry (2.5 oz) (DF) Breakfast Cinnamon Crumble 	<ul style="list-style-type: none"> Jumpstart Breakfast: Mini Dipperdoodle (1.3 oz)/String Cheese Blueberry Muffin
26	27	28		
<ul style="list-style-type: none"> Yogurt/Skeeter HONEY Grahams Cheerios/Zac Attack Apple (1.35 oz) (DF) 	<ul style="list-style-type: none"> Dipper Doodle Bar (2.3 oz) (DF) Lemon Muffin 	<ul style="list-style-type: none"> Breakfast Cinnamon Crumble Blueberry Burst Whole Grain Bagel/Cream Cheese 		

Did You Know?

As your first meal of the day, breakfast provides you with the energy you need to start the day off right!

Breakfast: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered three times per week.

This institution is an equal opportunity provider

