

# August

K-12 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> <li>chicken teriyaki with brown rice (df)</li> <li>breakfast for lunch: pancakes w/ omelet (vg)</li> <li>sesame chicken wrap (df)</li> <li>pinto beans and diced carrots</li> </ul> <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> <li>kickin chicken parm pasta (df)</li> <li><b>*NEW*</b> buffalo chicken pizza</li> <li>chillin' chinese chicken noodles</li> <li>sunny sandwich kit (vg)</li> <li>sweet potatoes</li> </ul> <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> <li>flame broiled beef cheeseburger</li> <li>sloppy joe (df)</li> <li>chicken caesar salad</li> <li>egg salad sandwich (vg) (df)</li> <li>chopped lettuce and sliced tomatoes with ranch</li> </ul> <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> <li>cheese pizza panada pie (vg)</li> <li>pasta with zesty beef</li> <li>mighty meaty deli combo</li> <li>sandwich chicken salad</li> <li>sandwich</li> <li>chilled, seasoned green beans</li> </ul> <p style="text-align: right;">4</p>
<ul style="list-style-type: none"> <li>chicken bites (df) chicken potstickers (df)</li> <li>turkey and cheddar sandwich</li> <li>sunny sandwich kit (sunbutter and jelly) (vg)</li> <li>chilled, seasoned green beans</li> </ul> <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> <li>chicken taco trio</li> <li>"pepperoni" calzoni pizza (meatless) (vg)</li> <li>mighty meaty deli combo sandwich</li> <li>chicken salad sandwich (df)</li> <li>blanched broccoli florets and pinto beans</li> </ul> <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> <li>lone star bbq chicken sandwich</li> <li>classic spaghetti and meatballs (df)</li> <li>honey mustard chicken wrap</li> <li>cheddar cheese sandwich (vg)</li> <li>sweet potatoes</li> </ul> <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> <li>the revolution hot dog (df)</li> <li>cheese pizza with a whole grain crust (vg)</li> <li>mighty meaty deli combo sandwich</li> <li>ham and cheese sandwich</li> <li>chopped lettuce and sliced tomatoes with ranch</li> </ul> <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> <li>flame broiled beef burger (df)</li> <li>cheesy ravioli (vg)</li> <li><b>*NEW*</b> honey mustard salad with grilled chicken bites</li> <li>chicken caesar wrap</li> <li>green peas</li> </ul> <p style="text-align: right;">11</p>
<ul style="list-style-type: none"> <li>cheese pizza panada pie (vg)</li> <li>(hot) turkey and cheese flatbread sandwich</li> <li>mighty meaty deli combo sandwich</li> <li>bbq chicken wrap</li> <li>steamed corn</li> </ul> <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> <li>the revolution hot dog (df)</li> <li>orange chicken rice bowl (df) (dmv, nyj, lou, txs)</li> <li>egg salad sandwich (vg) (df)</li> <li>turkey and cheddar sandwich</li> <li>edamame and blanched broccoli florets</li> </ul> <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> <li>bbq chicken pasta</li> <li>breakfast for lunch: pancakes w/ omelet (vg)</li> <li>sesame chicken wrap (df)</li> <li>chicken salad sandwich (df)</li> <li>chilled, seasoned green beans</li> </ul> <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> <li>flame broiled beef cheeseburger</li> <li>oven roasted chicken sandwich (df)</li> <li>cheddar cheese sandwich (vg)</li> <li>chicken caesar salad</li> <li>chopped lettuce and sliced tomatoes with ranch</li> </ul> <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> <li>five cheese lasagna (vg)</li> <li>hawaiian meatballs with island style rice</li> <li>honey mustard chicken wrap</li> <li>garden ranch salad with chicken breast</li> <li>sweet potatoes</li> </ul> <p style="text-align: right;">18</p>
<ul style="list-style-type: none"> <li>lone star bbq chicken sandwich</li> <li>breakfast for lunch: pancakes w/ sausage</li> <li>cheese pizza with a whole grain crust (vg)</li> <li>turkey and cheddar sandwich</li> <li>chicken caesar wrap</li> <li>chilled, seasoned green beans</li> </ul> <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> <li>bbq meatballs with cheesy rice</li> <li>chicken bites (df)</li> <li>sunny sandwich kit (sunbutter and jelly) (vg)</li> <li>mighty meaty deli combo sandwich</li> <li>pinto beans and baby carrots</li> </ul> <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> <li><b>*NEW*</b> buffalo chicken pizza</li> <li>chicken taco trio</li> <li>honey mustard salad with grilled chicken bites</li> <li>southwest veggie wrap (vg)</li> <li>steamed corn</li> </ul> <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> <li>oven roasted chicken sandwich (df)</li> <li>the revolution hot dog (df)</li> <li>egg salad sandwich (vg) (df)</li> <li>chicken pizza party salad</li> <li>chopped lettuce and sliced tomatoes with ranch</li> </ul> <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> <li>mama's tamale (red chile chicken) (df)</li> <li>baked mac &amp; cheese and bbq chicken lunch combo</li> <li>chicken salad sandwich (df)</li> <li>cheddar cheese sandwich (vg)</li> <li>sweet potatoes</li> </ul> <p style="text-align: right;">25</p>
<ul style="list-style-type: none"> <li>cheese pizza panada pie (vg) 1</li> <li>(hot) turkey and cheese flatbread sandwich</li> <li>chicken bites (df)</li> <li>mighty meaty deli combo sandwich</li> <li>sunny sandwich kit (sunbutter and jelly) (vg)</li> <li>steamed corn</li> </ul> <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> <li>chicken teriyaki with brown rice (df)</li> <li><b>*NEW*</b> uncle ted's bbq chicken drumstick with cheesy rice</li> <li>cheddar cheese sandwich (vg)</li> <li>chicken salad sandwich (df)</li> <li>edamame and blanched broccoli florets</li> </ul> <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> <li>hot meatball sub</li> <li>sweet garlic noodles with chicken thigh</li> <li>crispy chicken sandwich (df)</li> <li>turkey and cheddar sandwich</li> <li>egg salad sandwich (vg) (df)</li> <li>sweet potatoes</li> </ul> <p style="text-align: right;">30</p>	<ul style="list-style-type: none"> <li>cheese pizza with a whole grain crust (vg)</li> <li>flame broiled beef cheeseburger</li> <li>chicken caesar wrap</li> <li>veggie taco salad (vg)</li> <li>chopped lettuce and sliced tomatoes with ranch</li> </ul> <p style="text-align: right;">31</p>	

## What's New?

**Buffalo Chicken Pizza!**  
Look out for it on August 2<sup>nd</sup> and 23<sup>rd</sup>.

**Introducing: Uncle Ted's Bbq Chicken Drumstick with Cheesy Rice.** Enjoy it on August 29<sup>th</sup>!

Dairy-free (DF) and vegetarian (V) options available daily – if nLunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

