

# August

PSN Lunch

revolution foods.

Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> <li>chicken teriyaki with brown rice (df)</li> <li>breakfast for lunch: pancakes w/ omelet (vg)</li> <li>turkey and cheddar sandwich</li> <li>edamame and grape tomatoes</li> </ul> <p>1</p>	<ul style="list-style-type: none"> <li>kickin chicken parm passta</li> <li><b>*NEW*</b> buffalo chicken pizza</li> <li>sunny sandwich kit (vg)</li> <li>sweet potatoes</li> </ul> <p>2</p>	<ul style="list-style-type: none"> <li>flame broiled beef cheeseburger</li> <li>sloppy joe (df)</li> <li>egg salad sandwich (vg) (df)</li> <li>chopped lettuce and sliced tomatoes with ranch</li> </ul> <p>3</p>	<ul style="list-style-type: none"> <li>cheese pizza panada pie (vg)</li> <li>pasta with zesty beef</li> <li>mighty meaty deli combo</li> <li>chilled, seasoned green beans</li> </ul> <p>4</p>
<ul style="list-style-type: none"> <li>chicken bites (df) chicken potstickers (df)</li> <li>sunny sandwich kit (sunbutter and jelly) (vg)</li> <li>chilled, seasoned green beans</li> </ul> <p>7</p>	<ul style="list-style-type: none"> <li>chicken taco trio</li> <li>"pepperoni" calzoni pizza (meatless) (vg)</li> <li>mighty meaty deli combo sandwich</li> <li>blanched broccoli florets and pinto beans</li> </ul> <p>8</p>	<ul style="list-style-type: none"> <li>lone star bbq chicken sandwich</li> <li>Spaghetti Marinara with Mozzarella</li> <li>cheddar cheese sandwich (vg)</li> <li>sweet potatoes</li> </ul> <p>9</p>	<ul style="list-style-type: none"> <li>cheese pizza with a whole grain crust (vg)</li> <li>southern bbq chicken sandwich</li> <li>mighty meaty deli combo sandwich</li> <li>ham and cheese sandwich</li> <li>chopped lettuce and sliced tomatoes with ranch</li> </ul> <p>10</p>	<ul style="list-style-type: none"> <li>flame broiled beef burger (df)</li> <li>cheesy ravioli (vg)</li> <li>chicken caesar wrap</li> <li>green peas</li> </ul> <p>11</p>
<ul style="list-style-type: none"> <li>cheese pizza panada pie (vg)</li> <li>(hot) turkey and cheese flatbread sandwich</li> <li>mighty meaty deli combo sandwich</li> <li>steamed corn</li> </ul> <p>14</p>	<ul style="list-style-type: none"> <li>jumbo Italian meatball with penne pasta</li> <li>orange chicken rice bowl (df) (dmv, nyj, lou, txs)</li> <li>egg salad sandwich (vg) (df)</li> <li>pinto beans and blanched broccoli florets</li> </ul> <p>15</p>	<ul style="list-style-type: none"> <li>bbq chicken pasta</li> <li>breakfast for lunch: pancakes w/ omelet (vg)</li> <li>sesame chicken wrap (df)</li> <li>chilled, seasoned green beans</li> </ul> <p>16</p>	<ul style="list-style-type: none"> <li>flame broiled beef cheeseburger</li> <li>oven roasted chicken sandwich (df)</li> <li>cheddar cheese sandwich (vg)</li> <li>chopped lettuce and sliced tomatoes with ranch</li> </ul> <p>17</p>	<ul style="list-style-type: none"> <li>five cheese lasagna (vg)</li> <li>crispy chicken sandwich (df)</li> <li>honey mustard chicken wrap</li> <li>sweet potatoes</li> </ul> <p>18</p>
<ul style="list-style-type: none"> <li>lone star bbq chicken sandwich</li> <li>cheese pizza with a whole grain crust</li> <li>turkey and cheddar sandwich</li> <li>chilled, seasoned green beans</li> </ul> <p>21</p>	<ul style="list-style-type: none"> <li>Chicken Sausage and Cheddar Eggel Sandwich</li> <li>chicken bites (df)</li> <li>sunny sandwich kit (sunbutter and jelly) (vg)</li> <li>pinto beans and diced carrots</li> </ul> <p>22</p>	<ul style="list-style-type: none"> <li><b>*NEW*</b> buffalo chicken pizza</li> <li>chicken taco trio</li> <li>southwest veggie wrap (vg)</li> <li>steamed corn</li> </ul> <p>23</p>	<ul style="list-style-type: none"> <li>oven roasted chicken sandwich (df)</li> <li>buffalo chicken sandwich</li> <li>egg salad sandwich (vg) (df)</li> <li>chopped lettuce and sliced tomatoes with ranch</li> </ul> <p>24</p>	<ul style="list-style-type: none"> <li>mama's tamale (red chile chicken) (df)</li> <li>baked mac &amp; cheese and bbq chicken lunch combo</li> <li>cheddar cheese sandwich (vg)</li> <li>sweet potatoes</li> </ul> <p>25</p>
<ul style="list-style-type: none"> <li>cheese pizza panada pie (vg)</li> <li>chicken bites (df)</li> <li>mighty meaty deli combo sandwich</li> <li>steamed corn</li> </ul> <p>28</p>	<ul style="list-style-type: none"> <li>chicken teriyaki with brown rice (df)</li> <li>Chicken Teriyaki with Brown Rice cheddar cheese sandwich (vg)</li> <li>pinto beans and blanched broccoli florets</li> </ul> <p>29</p>	<ul style="list-style-type: none"> <li>sweet garlic noodles with chicken thigh</li> <li>crispy chicken sandwich (df)</li> <li>turkey and cheddar sandwich</li> <li>egg salad sandwich (vg) (df)</li> <li>sweet potatoes</li> </ul> <p>30</p>	<ul style="list-style-type: none"> <li>cheese pizza with a whole grain crust (vg)</li> <li>flame broiled beef cheeseburger</li> <li>chicken caesar wrap</li> <li>chopped lettuce and sliced tomatoes with ranch</li> </ul> <p>31</p>	

## What's New?

Buffalo Chicken Pizza!  
Look out for it on  
August 2<sup>nd</sup> and 23<sup>rd</sup>.

Dairy-free (DF) and vegetarian (V) options available daily – if nLunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

